

Fifth Sunday
in Ordinary Time

February 7, 2010

Theme: Perseverance and Jesus' help are an unbeatable combination.

Masses of the Week

Sunday	7th	8:00 AM	✚	Bridget Kinkel <i>requested by</i> Doug & Jo Kuhn
Sunday	7th	10:30 AM	● ✚	Mass for the People of Prince of Peace
Monday	8th	8:30 AM	●	Mr. & Mrs. John Kick <i>requested by</i> Dianne Jones
Tuesday	9th	8:30 AM	✚	Frank Kaurich <i>requested by</i> <i>Mr. & Mrs. Robert Hayden</i>
Wednesday	10th	8:30 AM	✚	Glenn Bumpus <i>requested by</i> <i>Wanda Christmann</i>
Thursday	11th	8:30 PM	✚	Julie Vicen <i>requested by</i> <i>Joyce Kaurich</i>
Friday	12th	8:30 AM	●	Robert Hayden <i>requested by</i> <i>Dianne Jones</i>
Saturday	13th	5:30 PM	✚	Dr. J. K. David, Jr. <i>requested by</i> <i>Mary O. David</i>



DONATING BY CHECK

Parishioners donating by check, whether the normal Sunday collection or for a second collection, should make their check out to "Prince of Peace". This will insure that the parish office has a record of your donation. Special collections will be counted and then sent to the Diocese for distribution.



BABY UPDATE
7 THRU 9 MONTHS

Your little one is very busy preparing for his or her debut!

Your baby:

- ✚ Has eyeteeth.
- ✚ Can open and close his or her eyes.
- ✚ Can use the sense of vision, hearing, taste, and touch.
- ✚ Knows the difference between waking and sleeping.
- ✚ Can relate to the moods of the mother.
- ✚ The baby's skin begins to thicken, and a layer of fat is produced and stored beneath the skin.
- ✚ Antibodies are built up, and the baby's heart begins to pump 300 gallons of blood per day.

Approximately one week before the birth the baby stops growing, and "drops" usually head down into the pelvic cavity. Please pray for your baby's safe delivery!

LENT

Ash Wednesday, the beginning of Lent, falls on Feb. 17th this year. You are reminded of the Church's laws for fast and abstinence during Lent:



Ash Wednesday and Good Friday are days of fasting. Catholics between the ages of 18 and 59 are permitted one full meal and two lesser meals per day (which together should not equal one full meal), with no eating between meals.



Ash Wednesday and all Fridays of Lent are days of abstinence. Catholics who are 14 years or older should abstain from meat entirely. Soups and gravies made from meat are permitted.

40 DAYS FOR LIFE INSERT

40 days for Life, a pro-life campaign with a vision to access God's power through prayer, fasting and peaceful vigil to end abortion, will be in Jax from February 17 through March 28 this year at A Jacksonville Women's Health Center.

Prince of Peace parishioners will stand and pray peacefully at the Health Center on March 7. Please review the Spiritual Bouquet inserted in February 14th bulletin and give all you can of yourself for these defenseless little lives! Return the Bouquet cards in baskets provided in the Gathering Area.

HAITIAN RELIEF COLLECTION

Your generosity for the Haitian Relief effort was outstanding. \$12,142.65 was collected from parishioners at Prince of Peace! The Diocese will be sending this money (and money collected at the other Parishes in the Diocese) to Catholic Relief Services to be used in Haiti.

BISHOP KENNY HONOR ROLL

Prince of Peace is proud to announce the following Bishop Kenny High School students from our parish who made the 2nd Quarter Honor Roll for the 2009-2010 school year:

Alexander Carrier (Grade 10) Immaculee Tebakouna (Grade 9)
Sydney Payton (Grade 10) Jonathan Howard (Grade 12)
Autumn Miller (Grade 10) Kathryn Leinhauser (Grade 12)

Congratulations Alexander, Immaculee, Sydney, Jonathan, Autumn and Kathryn!

MARRIAGE PREPARATION - To schedule wedding, couples must meet with their parish priest at least 8 mos. before their proposed wedding date. Preparation for the sacrament includes attending Engaged Encounter (**Feb 26-28 at Marywood Retreat Center**) or Pre Cana (**Feb 20 in Jax**), completing the FOCCUS inventory, & a Natural Family Planning course for couples of child-bearing age. For more information visit www.dcf.org or call 308-7474.



GETTING INVOLVED

Start 2010 by joining one of our ministries and giving to others with your time and talent.

Ministers of Art & Environment – Kathy MacGregor 646-1412

These ministers prepare the church and the environment for the different liturgical seasons.

Ministerial Assistants – Theresa Curtis 733-6011

Boys and girls from the 4th – 12th grade can have this privileged ministry to assist at the altar as altar servers.

Minister of the Eucharist – Marie & Randy Randall 821-8792

Extraordinary Ministers administer the body, blood, soul, and divinity of Jesus Christ to other parishioners during Mass and to Catholics at hospitals, nursing homes, and the homebound.

Ministers of Greeting – Rick and Joann Doan 731-8577

Greet and share fellowship with our spiritual family as they enter Church for Mass each week and distribute the church bulletin.

Ministers of Hospitality – Michael (Mike) Phillips 642-5845

Any senior high school student or adult parishioner may serve as an usher to assist the congregation during the Mass.

Ministers of Music – Ina Smith 448-1919

Musically talented parishioners enhance and lead the congregation in the celebration of the liturgy.

Ministers of the Word – Bob Eberling 543-0355

Any parishioner of senior high school age or older may participate by proclaiming the Word of God at Mass.

Ministry to the Sick and Elderly - Anita Louise Kick 731-7243

Loving ministers bring comfort, encouragement, & the Eucharist to Catholics confined to their homes, 6 nursing homes, Mem. Hosp. or Brooks Rehab Ctr.

Ministry to the Sulzbacher Center - Albert Lomica 730-0544

Feeding the poor and homeless at the Sulzbacher Center downtown.

Respect Life Ministers – Joan Pano 737-0547

Defend life at all stages from conception until natural death, fund raising for Women's Help Center, teach CFP classes about life, pray rosaries for life, stand for life, etc., etc., etc.



"THE HUMAN EXPERIENCE"

Don't miss this great Catholic movie experience! Grassroots Films (makers

of the USCCB vocation film "Fisher's of Men") will be showing their new film, "The Human Experience" at UNF Lazzara Performance Hall February 19 at 7:30 p.m. Tickets are \$2 pre-sale and \$4 at the door. For tickets visit call 217-7094 or visit www.fraternus.net. PG equivalent.

Growing in FAITH™

Discovering **hope** and **joy** in the Catholic faith.

2010 Special Lent Edition

One Minute Meditations

Not the old life

When Jesus rose from the dead, he didn't just resume his old life; he was given a new and glorious life. That is what awaits all those who follow him.



Ashes to ashes ...

To ancient Jews, wearing sackcloth and sitting in ashes showed repentance and humility, and acted as a penance. Today, wearing the ashes of Ash Wednesday is meant to show our repentance but also acts as a witness of our faith. Take the opportunity to explain the practice when others ask why you wear the ashes.

A prayer for Lent

"God of all mercy and steadfast love, we do not always live the way you want us to. Forgive us. Help us during this season of Lent to examine how we can be more faithful followers of Jesus Christ, your son. Guide us in our pilgrimage of discipleship. May our words and actions truly reflect your will for us. Amen."

The Essential Catholic Prayer Book, Liguori Publications.

Make the journey back to God during Lent

Why do we begin the holy season of Lent with ashes on our foreheads – a sign of repentance? Throughout the year we may have turned from God in many small ways and perhaps significant ones, too. While God respects the freedom he has given us as his children, he urges us to come back to him to reconcile. Our wise Father knows that it's the only way we can be truly happy.

The Church has identified three tools we can use to make our Lenten journey back to God more effective: prayer, fasting and almsgiving. These tools will help us to clear the static in our connection to God and help us take our places as his true children.

Prayer

"... When you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you" (Matthew 6: 5-6)

Conversational prayer. All relationships need nurturing — even our relationship with God. It is in prayer that we can confide our deepest desires, hurts, needs.

It is in prayer that we discern God's voice. Especially during Lent, make time every day to

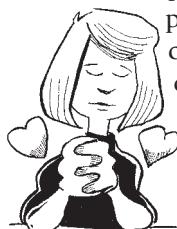
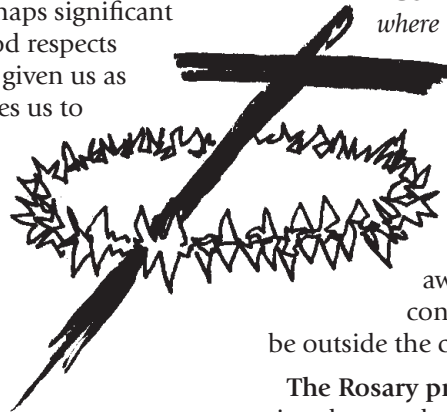
talk to God and grow in love with him. Remember, he finds everything about you interesting.

Community prayer. "For where two or three are gathered together in my name, there am I in the midst of them" (Matthew 18:20). Praying in a group not only brings God into your circle, it also makes members aware of the needs and concerns of others who may be outside the circle.

The Rosary prayer. The Rosary is a time-honored way to pray to Jesus and his mother. This year why not make the Rosary your Lenten prayer? If time is limited, do a decade at a time and watch them add up by the end of the day. Consider offering a special Rosary in honor of the Year for Priests. Go to the U.S. Conference of Catholic Bishops website for more details: <http://www.usccb.org/yearforpriests/prayers.shtml>.

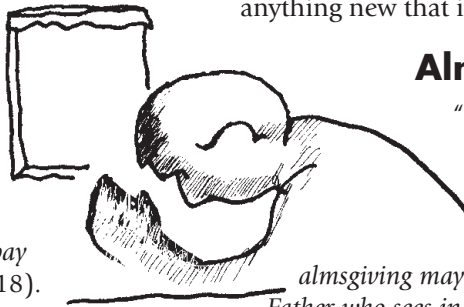
The Stations of the Cross prayers. Walking the Stations of the Cross is a powerful way to pray during Lent. If your parish doesn't offer a Stations of the Cross prayer service as a community, take a few moments each week to stop and meditate at each of the Stations displayed in your church. Reflect on Jesus' journey from judgment to burial.

Private Eucharistic prayer. Praying before the Eucharist is one of the most sacred places to pray. Consider arriving for Mass early to spend extra time in prayer before the tabernacle.



Fasting

“... When you fast, anoint your head and wash your face, so that you may not appear to be fasting, except to your Father who is hidden. And your Father who sees what is hidden will repay you” (Matthew 6:16-18).



Almsgiving

excess build up, donate what you don't use to a local charity. Then try to go the entire season of Lent without buying anything new that isn't a necessity.

“... When you give alms, do not let your left hand know what your right is doing, so that your

almsgiving may be secret. And your Father who sees in secret will repay you” (Matthew 6:2-4).

Fasting from food. Voluntary fasting from food strengthens our skill of self denial. It is difficult and can be uncomfortable but it reminds us of Jesus' suffering. Plus, fasting leaves an open space we can fill with God's spirit. Prayerful fasting can increase our hunger and thirst for God.

Fasting from bad habits. We all have areas in our life we need to change. Maybe we watch too much television, shop too much, eat too much or drink too much. Too much of anything is an unhealthy distraction from our relationship with God and throws our lives out of balance. By fasting, we deny our own wants and open up space for what God wants. Plus, we become less wrapped up in ourselves and instead have the opportunity to focus on the needs of others.

Fasting from luxury. For many of us, putting food on the table or buying new clothing when we need it is not a huge concern. That's not true for many people in our own communities who need our help to get even the basics. To understand what that is like, research an impoverished nation to see what people there eat in a typical day. Then spend a day eating the same foods in the same quantities.

Fasting from excess. Many of us have clothing, books, toys, or even household items in perfectly good shape that we don't need or use. Instead of letting the



“Gimme 5.” Many organizations like Catholic Relief Services or Catholic Charities can do a great deal of good with just \$5. During Lent, whenever you have a \$5 bill, consider putting it into a jar. This includes \$5 bills you receive in change at the grocery store, the bank, the gas station, or even if you find one in your pocket, add it to the jar. At Easter, donate what you've collected to a relief organization and know that it will be put to great use.

Donate your labor. Money isn't always the answer. Many of the poor need services they can't afford. If you can paint, cook, or do carpentry, donate some time to assist an agency or person in need. Your parish or diocese may already have just such a ministry that you can join.

Offer mercy. Do one or more of the Corporal Works of Mercy: feed the hungry, give drink to the thirsty, clothe the naked, shelter the homeless, visit the sick, visit the imprisoned, and bury the dead. Or, consider the Spiritual Works of Mercy: admonish the sinner, instruct the ignorant, counsel the doubtful, bear wrongs patiently, forgive injuries, and pray for the living and the dead.

Open their eyes. During Lent, you can help a child to read, an adult to succeed in his job, a senior maintain her independence — just by donating your old eyeglasses. Lions Clubs International has a nationwide program to recycle eyeglasses and provide sight to low-income people who need it. To find a recycling center in your area, call the Lions Clubs at 630-571-5466 or visit the website: www.lionsclubs.org.

Q & A I want to pray more, especially during Lent, but it's hard to concentrate. What can I do?

Ever wonder how you can be riveted by a cheap novel or mindless TV show for hours, but spend no more than a few minutes in prayer before your mind wanders?

Believe it or not, distractions can be useful in enriching our prayer life. Our minds wander to those things that are really important to us. We might as well admit to them and make them a part of our prayer.

For example, if your prayer wanders, bring it back to the point ... “Lord, thank you for the beautiful gift of my home and its comfort. Of course, I better clean out the gutters or the roof will leak all over the furniture. That would be bad, even if the furniture isn't as nice as my neighbor's. They have so much money. But forgive me Lord for feeling envy, and help me to be grateful for what I have. Also help me to show my neighbors the love of Christ, the only possession worth having.” And so on.

The idea is to acknowledge the distraction and ask God's help in overcoming its source. Then use it as a tool to get back on track.

Think of prayer as a conversation between two people who love each other. So there is no one right way to pray. As in any loving relationship, it is most rewarding when you talk to your loved one as often as possible. Pope John Paul II said, “Pray any way you like, so long as you do pray.” God is always ready to listen.

Remember, prayer is not a rigid routine we have to get right. It's a conversation with someone we love who loves us back.

Our Mission

To provide practical ideas that promote faithful Catholic living.
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 (Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)

CHRISTIAN FORMATION PROGRAM

CFP February Schedule

Sunday 7	CFP Classes CFP Mass at 10:30 A.M.
Saturday 13	Reconciliation Retreat with Students & Parents 9A.M. to 12P.M.
Sunday 14	CFP Classes

INQUIRY SESSIONS

Whether you are a Catholic who wants to know more about your faith, or a non-catholic interested in learning more about the Catholic faith, Prince of Peace offers *Year-Round Inquiry Sessions every Tuesday evening from 6 P.M. to 7 P.M. in the Conference Center.* The topic for Tuesday, February 9th: *The Bible.*

Everyone is invited!

TRAVELING CHALICE PROGRAM

Traveling Chalice February Assignments

February 7th Rob & Karen Cross

February 14th Boyd Ferguson

WHY CATHOLIC?:

A Faith Journey Through the Catechism:

Prince of Peace will be forming Small Groups (similar to RENEW) of 6 to 12 people to meet at the church or in parishioners' homes to pray, read scripture, reflect on the readings and share their faith. Additionally, we will be gathering as a Whole Parish during Lent for Enrichment Sessions that will compliment the goals of our Parishes' Small Groups. All gatherings are based on the Catechism of the Catholic Church.

Mark Your Calendars:

Sign up Weekend for Small Groups:

- February 7, 2010
- Feb 19th – Small Groups Begin Meeting
- Feb 19th – March 26th – Friday Night Enrichment Sessions

If you have any questions, or would like more information, please contact:

George Howell 519-6800 howell.george@jax.sysco.com
Terrie Curtis 733-6011 theresalcurtis@bellsouth.net

Adult Confirmation

The Adult Confirmation preparation sessions will take place at 6:30 P.M. in the Conference Center on:

Monday, April 5th Monday, May 3rd

Monday, April 12th Monday, May 10th

Monday, April 19th Monday, May 17th

Monday, April 26th

All seven classes must be attended.

Bishop Galeone will be confirming adults only on Saturday, May 22nd at the Cathedral in St. Augustine.

To register for the classes,
please call Terrie Curtis @ 733-6011.

A Journey of Faith Through Lent

Every Friday evening during Lent,
starting on February 19th, everyone is invited to a
deeply Spiritual evening beginning with:

Stations of the Cross

at 6:30 p.m.

A different meditation booklet will be used
5 of the 6 evenings. After the Stations:

A Sacrificial Meal

will be served at 7:00 p.m.

The meal will consist of Soup, Salad and a Croissant.
This offers an opportunity for Parish camaraderie
and meeting new families.

After the Sacrificial Meal, there will be a

Why Catholic?

Enrichment Session

on the tenet of the Creed which will
compliment the theme that
the Small Faith Sharing Groups
will be studying.

**This Lent several Popular Presenters
from around the Diocese will be
facilitating several of the sessions.
Keep watching the bulletin**

DIOCESAN EVENTS

Tuesday, February 9

Theology on Tap: Listening to God's Voice in our Lives (Part 2 of 3)

7 p.m., Mudville Grille, located 3105 Beach Blvd., Jacksonville. This is part two of a three-week series. Each week, a different speaker will discuss their faith journey. The speaker for the second session will be Bishop Victor Galeone. Cost: \$5.00. For details, email Sarah at yministry@dosaf.com.

Tuesday, February 9

Catholic Woman's Club Monthly Gathering

10:30 a.m. at Catering by Liz, 912 King St., Jacksonville. Gathering will start with Mass, followed by a meeting and luncheon. Program: Honoring past presidents. To join or attend, call at Anita Thompson at (904) 388-4386.

Wednesday, February 10

Pure Fashion Presents

Pure Fashion invites all ladies of the diocese for coffee and conversation with Brenda Sharman. In 2006, Brenda became the founding national director of Pure Fashion. She has spoken on Fox News, Nightline, CNN as well as other television and radio programs. Please join Brenda to find out more about the Modesty Movement that is sweeping the nation. Wednesday, Feb. 10, 9 -10:30 a.m., St. Joseph Parish Cody Enrichment Center, 4152 Loretto Rd. Jacksonville. For details or to reserve a seat, contact Angie Hiler 880-3112 or hilerfive@bellsouth.net.

Saturday, February 13

Youth Rally for High School Students

The 2010 youth rally for high school students entitled "We Cry Justice" will be held on Saturday, Feb. 13, 1-6 p.m., at Bishop John J. Snyder High School. Sal Solo will be the main presenter. Fee: \$15. Registration information is available through your parish youth minister. Parishes are responsible for providing the correct number of chaperones.



EUCCHARISTIC ADORATION

The Women's Help Center on the corner of University and Bennett Road will hold Eucharistic Adoration of the Blessed Sacrament from 9 A.M. to 1 P.M. on the first & third Saturdays of each month. "Could you watch one hour with me" and help save a life? Please sign up at the table in the gathering area of the church.

Thank you to the parishioners who signed up for Feb 20th

9 - 10 AM Barbara Phillips

10-11 AM George Howell

11-12 AM Teresa Jones & Pete Holmes

12 - 1 PM Liz & Vanessa Rodriguez

VOCATION DISCERNMENT EVENING



If you are seeking greater simplicity of life and a closer following of the Lord in prayer and action, consider that he may be calling you to the priesthood or sisterhood. Please call Fr. Remek Blaszkowski at 262-3200, ext. 101, or email vocations@dosaf.com if interested.

"They left everything and followed Jesus."

Bishop Galeone will host a "***Vocation Discernment Evening***" for men ages 16-40 on Monday, Feb. 22 from 6 to 8:30 p.m. at the Catholic Center in Jacksonville. Please call Father Remek or visit vocations@dosaf.com for a reservation.

YOUR MARRIAGE IS WORTH SAVING!

Retrouvaille, a peer ministry consisting of a weekend and a series of follow-up presentations. The next weekend will be Feb. 19 - 21. Call Margie Cox @ 221-2652 or visiwww.HelpOurMarriage.com.